

Ross Flett

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Education:

Ph.D University of Otago, New Zealand

PGDip.Sci University of Otago, New Zealand

B.Sc University of Otago New Zealand

Research Interests:

1) Mental and Physical Health; 2) Bicultural Psychology; 3) Applied Social Psychology; 4) Psychological Assessment

Selected Journal Publications:

Towers, A., Williams, M. N., Hill, S. R., Philipp, M. C., & Flett, R. (2016). What Makes For The Most Intense Regrets? Comparing The Effects of Several Theoretical Predictors of Regret Intensity. *Frontiers in Psychology*, 7(1941). doi:10.3389/fpsyg.2016.01941

Bennett, S.T., **Flett**, R.A., & Babbage, D.R. (2016). Considerations for The Delivery of Culturally Competent Cognitive-behavioral Therapy for Depression with Māori. *Journal of Pacific Rim Psychology*, 10(8), 1-11. DOI: <http://dx.doi.org/10.1017/prp.2016.5>

Bennett, S. T., **Flett**, R. A., & Babbage, D. R. (2015). Culturally Adapted Cognitive Behaviour Therapy for Māori with Major Depression. *The Cognitive Behaviour Therapist* (2014), 7(e20), 1-16. DOI:10.1017/S1754470X14000233

Thornton, A., Leatham, J., & **Flett**, R. (2014). Cognitive Assessment During a Course of Electroconvulsive Therapy - A National Questionnaire Survey of Current Practice in Aotearoa, New Zealand. *New Zealand Journal of Psychology*, 43(2), 14-19.

Bashford, J., Copeland, J., & **Flett**, R. A. (2013). Cannabis Use and Disorder Transitions Among a Mixed Community Sample of at-risk Adolescents And Adults: A Prospective New Zealand Study, *The Open Addiction Journal*, 6, 6-15. DOI:10.2174/1874941001306010006

Flett, R. A., Kazantzis, N., Long, N. R., MacDonald, C., Millar, M., Clark, B., . . . Petrik, A. M. (2012). The Impact of Childhood Sexual Abuse on Psychological Distress Among Women in New Zealand, *Journal of Child and Adolescent Psychiatric Nursing*, 25(1), 25-32. DOI:10.1111/j.1744-6171.2011.00311.x

- Flett, R.** (2012). "To tell or not to tell?" Managing A Concealable Identity in The Workplace. *Vulnerable Groups and Inclusion*, 3, 1-9. DOI:10.3402/vgi.v3i0.16145
- Kazantzis, N., Kennedy-Moffat, J., **Flett, R. A.**, Petrik, A. M., Long, N. R., & Castell, B. (2012). Predictors of Chronic Trauma-Related Symptoms in a Community Sample of New Zealand Motor Vehicle Accident Survivors. *Culture, Medicine and Psychiatry*, 1-23.
- Haarhoff, B. A., **Flett, R. A.**, & Gibson, K. L. (2011). Evaluating the Content and Quality of Cognitive-Behavioural Therapy Case Conceptualisations. *New Zealand Journal of Psychology*, 40(3), 104-114.
- Haarhoff, B., Gibson, K., & **Flett, R.** (2011). Improving the Quality of Cognitive Behaviour Therapy Case Conceptualization: The Role of Self-practice/self-reflection. *Behavioural and Cognitive Psychotherapy*, 39(3), 323-339. DOI:10.1017/S1352465810000871
- Tassell, N., & **Flett, R. A.** (2011). Motivation in Humanitarian Health Workers: A Self-Determination Theory Perspective. *Development in Practice*, 21(7), 959-973. DOI:10.1080/09614524.2011.590889
- Bashford, J., **Flett, R.**, & Copeland, J. (2010). The Cannabis Use Problems Identification Test (CUPIT): Development, Reliability, Concurrent and Predictive Validity Among Adolescents and Adults. *Addiction*, 105(4), 615-625. DOI:10.1111/j.1360-0443.2009.02859.x
- Jury, A., & **Flett, R.** (2010). Stages of Change for Fruit and Vegetable Intake Among New Zealand Men: Readiness to Eat Five Servings a Day and Impact of Contextual Factors. *International Journal of Men's Health*, 9(3), 184-200. DOI:10.3149/jmh.0903.184
- Kazantzis, N., **Flett, R. A.**, Long, N. R., MacDonald, C., Millar, M., & Clark, B. (2010). Traumatic Events and Mental Health in The Community: A New Zealand Study. *International Journal of Social Psychiatry*, 56(1), 35-49. DOI:10.1177/0020764008095929
- Norrie, J., Heitger, M., Leathem, J., Anderson, T., Jones, R., & **Flett, R.** (2010). Mild Traumatic Brain Injury and Fatigue: A Prospective Longitudinal Study. *Brain Injury*, 24(13-14), 1528-1538. DOI:10.3109/02699052.2010.531687
- Tarrant, R. A., Leathem, J. M., & **Flett, R. A.** (2010). What Have Sport and Music Performance Taught Us About Test Anxiety. *Psychology Journal*, 7(2), 67-77.
- Tassell, N. A., **Flett, R. A.**, & Gavala, J. R. (2010). Individualism/collectivism And Academic Self-enhancement in New Zealand Māori University Students. *Journal of Pacific Rim Psychology*, 4(2), 138-151.