



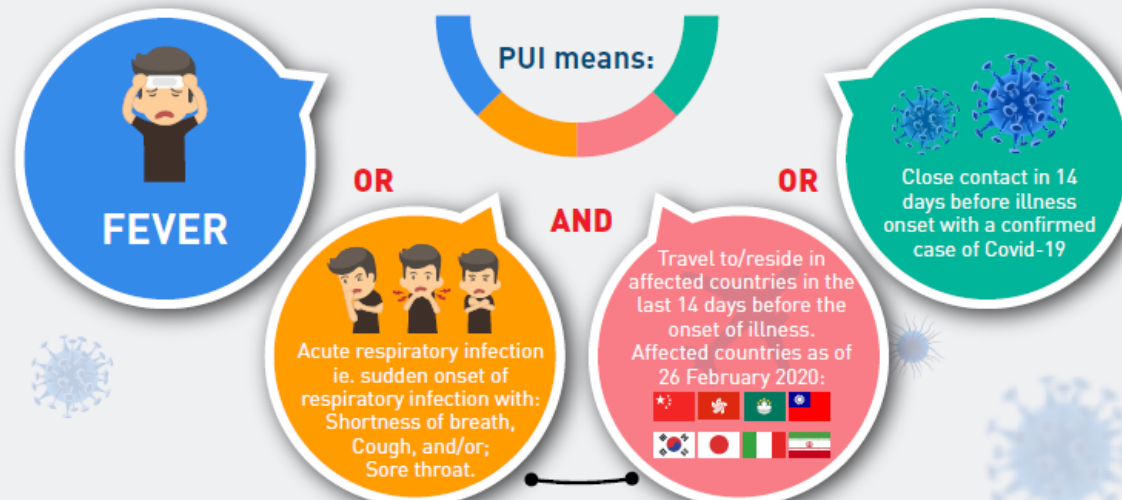
COVID-19 Information

By Health & safety Department

COVID-19 ALERT



All visitors are screened/triaged to see if they fulfil the **Patient Under Investigation (PUI)** requirements. Please remember to bring your identity documents, such as Identity Card, Driving License or Passport





WHAT IS THE NOVEL CORONAVIRUS (2019-NCOV)?

The Novel Coronavirus (2019-nCoV) is a new strain of the coronavirus that has never been previously identified. Based on current available information, human-to-human transmission of 2019-nCoV is via respiratory droplets or direct contact.

SYMPTOMS



Fever



Cough



Breathing Difficulty

PREVENTIVE MEASURES FOR TRAVELLERS, ESPECIALLY TO CHINA AND UPON RETURNING TO MALAYSIA

ALWAYS PRACTICE GOOD PERSONAL HYGIENE

Wash hands frequently with water and soap or hand sanitizer.



DURING TRAVEL



Always bring along face mask and sanitizer for use when required



Avoid crowded places and close contact with people showing symptoms



Avoid visiting animal farms, markets selling live animals, slaughterhouses or touching any animal



Avoid eating raw or undercooked meat

IMMEDIATELY SEEK MEDICAL ATTENTION IF YOU HAVE SYMPTOMS OF RESPIRATORY TRACT INFECTIONS SUCH AS FEVER, COUGH OR DIFFICULTY BREATHING WITHIN 14 DAYS AFTER RETURNING FROM THE VISIT.

What are the symptoms of infection?



Most people confirmed to have coronavirus infection feel sick with the following symptoms:



Fever with body temperature 38°C and above.



Cough.

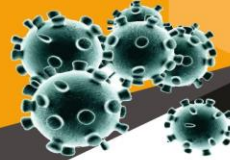


Difficulty in breathing.

If you develop the above symptoms, seek medical attention immediately at the nearest clinic or hospital.

HOW DOES THE VIRUS SPREAD?

Coronaviruses can spread via respiratory secretions:



- A** Coughing and sneezing by an infected person.
- B** Direct physical contact with an infected person.
- C** Touching or coming in contact with surfaces or objects contaminated with the virus.



NOVEL CORONAVIRUS (2019-nCoV)



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What is Coronavirus?

Coronaviruses are a large family of viruses that cause illness in human and animals. Coronaviruses can cause illnesses ranging in severity from the common cold to Severe Acute Respiratory Syndrome (SARS).



SCAN ME

<https://www.infosihat.gov.my/index.php/wabak-novel-coronavirus-atau-2019ncov>

How can individual infected with the virus prevent transmission to others?



Cover mouth and nose when coughing or sneezing. Dispose tissue after use and clean hands with soaps and water or sanitiser.



Wear face mask.



Always maintain good personal hygiene and cleanliness.

HOW DO YOU PREVENT INFECTION?



Wash hands frequently with water and soap or sanitiser.



Maintain at least 1 meter distance from those who are coughing, sneezing and have a fever.



Avoid touching eyes, nose and mouth frequently.



Avoid crowded places.

Is there a vaccine or treatment?

Currently there is no vaccine to protect against Coronavirus. Infected individuals should seek medical care to help relieve the symptoms.



6 STEPS OF HANDWASH TECHNIQUE



1 Rub hands palm to palm



2 Right palm over left dorsum with interlaced fingers and vice versa



3 Palm to palm with fingers interlaced



4 Back of fingers to opposing palms with fingers interlocked



5 Rotational rubbing of left thumb clasped in right palm and vice versa



6 Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa

